



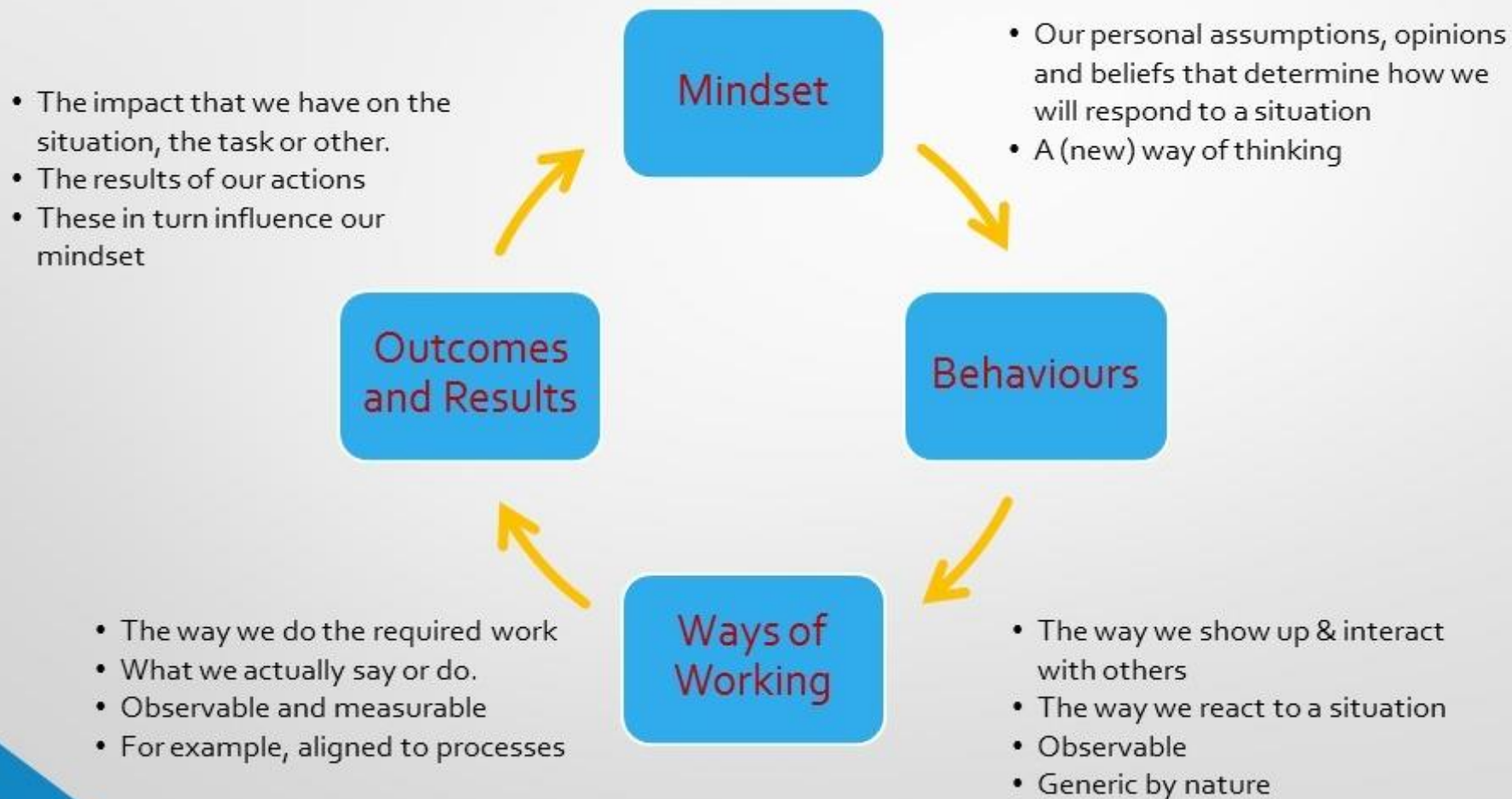
**stryker**

*Building the Leadership Mindset and Culture  
of AOJR team*

**Driving Transformation**

 **Modality**  
CONSULTING

# Living the Leadership Mindset and Behaviours



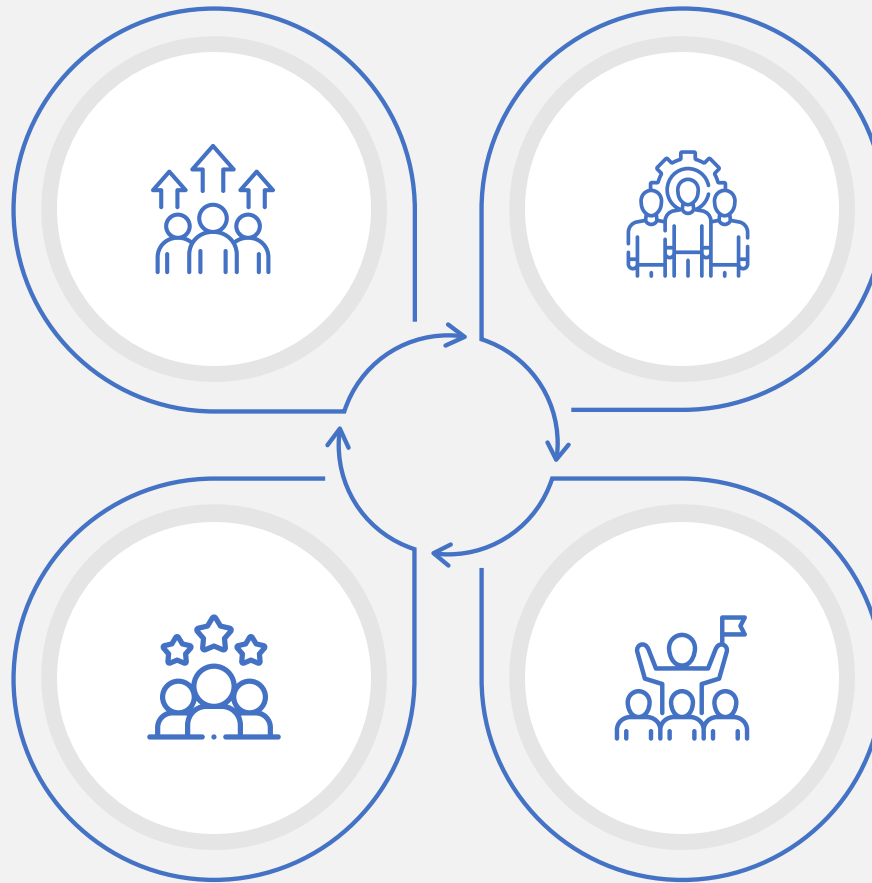
# Consciousness Raising to embed LMC

## **Fostering a heightened awareness**

of oneself, one's values, and the impact of your actions, decisions, and behaviours on your team and organisation, leading to more intentional and effective leadership.

## **Creating a Positive Culture and Environment:**

Conscious leaders foster a culture of trust, respect, and open communication, where everyone feels valued and empowered to contribute their best.



## **Reflection:**

Conscious leaders reflect regularly on their own values, beliefs, biases, and emotional responses, and they course correct their actions and decisions

## **Transformative Leadership:**

Conscious leaders aim to inspire and empower others to reach their full potential, creating a positive and lasting impact on their teams and organisations.

# Creating the practical links

Personal Reflections

Capture the outputs of reflections

Share and discuss in coaching

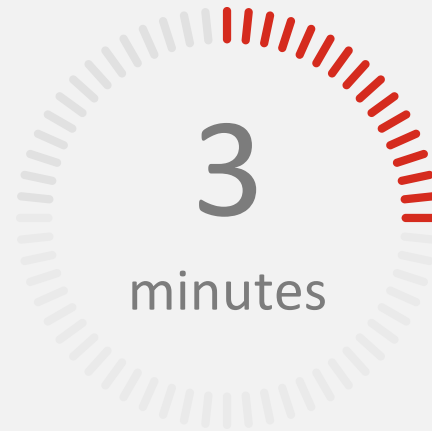
Share summaries with colleagues

Learning

Create a playbook and cascade

# Reflection

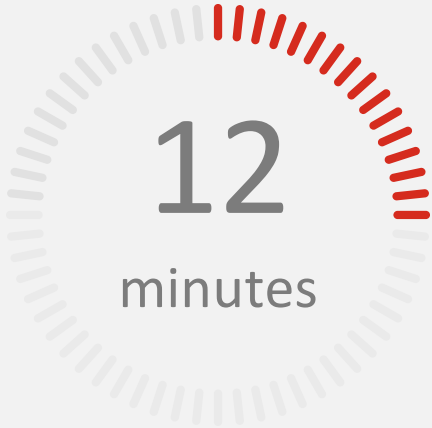
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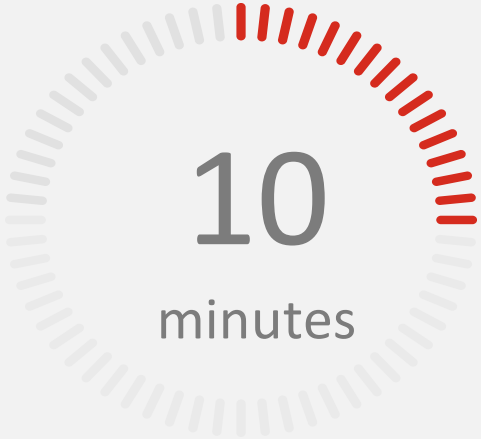
Review the reflection exercise sent in advance of meeting.  
Make notes for sharing with your Action Learning group in breakout room

# Reflection

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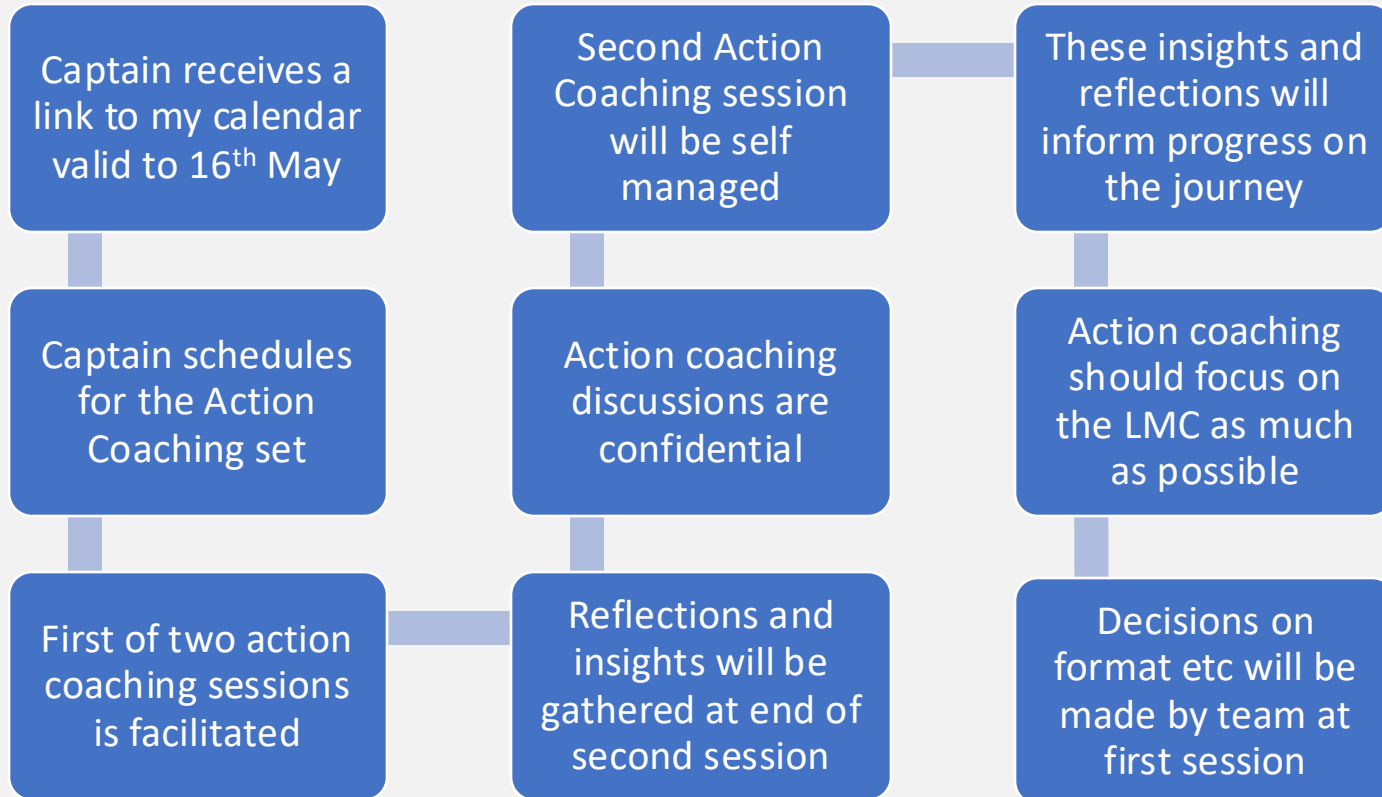


In breakout room take it in turns to share a summary of your reflection

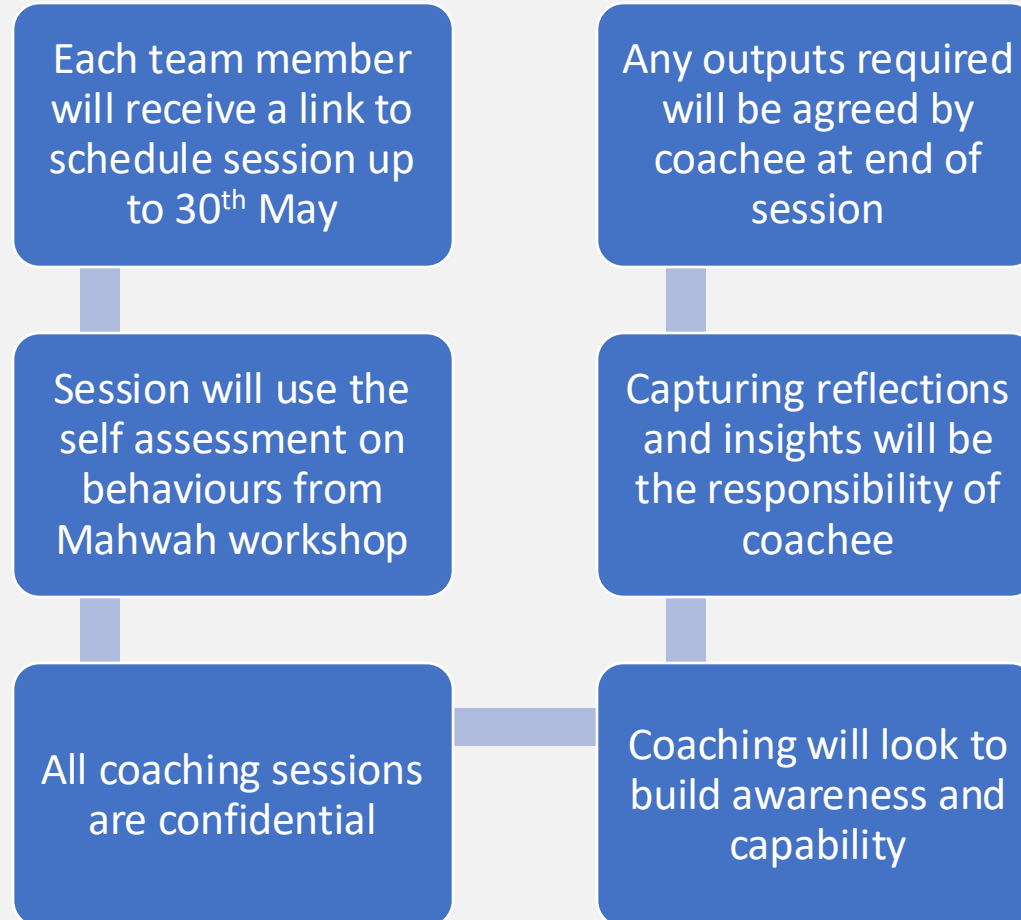


Main group feedback and debrief

# Action Coaching Process



# 1:1 Coaching Process



# Thank You

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